

## Sailfish Swim School Lesson Procedures – March 2022

To ensure your continued safety and the safety of the teachers and staff it has been necessary to make some changes to how we operate swimming lessons. Changes are based upon recommendations from Swim England and the Public Health Authority.

These are:

- 1) Lessons are 30 minutes.
- 2) **Please do not enter the building until 2-3 minutes before your allotted lesson time**, if you are early please wait in your car.
- 3) Please sanitise your hands, with the hand sanitiser provided, on arrival and when you leave.
- 4) Please arrive 'beach ready' wherever possible, this means being changed into swimming attire at home and wearing it under your outer garments. Where possible please shower at home beforehand, as changing rooms will not be available prior to your lesson (unless you attend a parent and child lesson).
- 5) Please try and space yourself around the pool area at the three seating areas available.
- 6) Anti-bacterial wipes are available should you wish to wipe your table and chairs as you feel necessary. Extra bins have been provided for your convenience.
- 7) Siblings are not allowed to sit or play in the garden, siblings should sit with you at your table.
- 8) Please ensure your child adheres to the rules within their lesson.
- 9) Changing rooms can be used after lessons to change, please consider showering at home to limit time spent in a confined space. Extra screens have been placed on poolside to allow extra changing and privacy whilst poolside.
- 10) Each teacher will have no more than 3 children per lesson.
- 11) Teachers will teach poolside wherever possible using techniques learnt through training and will be opposite sides of the pool. Teachers in some situations may get into the water where they feel it is necessary.
- 12) Please exit the building as quickly as possible after your child has changed to ensure numbers within the pool area are kept to a minimum at all times.
- 13) Please keep pool doors closed at all times to enable the air handling system to function & circulate the air effectively.
- 14) Rebecca Barker is the 'Designated Covid 19 Officer' for Bradgate Pool / Sailfish Swim School and will ensure that the swim school is up to date with government recommendations. Ultimately decisions on what takes place in the pool is now agreed by the pool operator.